**The Summit Lighthouse and Church Universal and Triumphant**

**Spiritual Resources for Children in Accordance with the Stages of Spiritual Development**

*"It is through the mother and the father that the child discovers his own Higher Self.  From the moment of birth the child sees the father and mother as his own Higher Self. We have to realize that in a very literal sense we, as parents, are God to our children. And gradually through seeing and loving the parents in physical manifestation, there has to be translated to the child that allegiance and loyalty and integration with his own inner Christ Self.  Mother and father are the physical guardians of this spiritual process of individualization."*

**Stages of Spiritual Development Newborn - 6 years old**

The primary focus is the child’s love for God and God’s love for the child. Emphasis is on devotion.

* Learns through the absorbent mind and primarily the right brain. This is the greatest time of learning and brain growth.
* Absorbs God (the Geometry-of-Divinity) in classical art, music, and nature. The child’s soul is sensitive to beauty and order.
* Gifts of the causal body can be anchored in the first six years with exposure to different areas of knowledge.
* Many young children have the ability to see beyond the physical world into the inner octaves of light.

**For Parents**

* Pray together with father, mother and family. Religious education at this stage is primarily done at home in a spiritually prepared environment.
* Share simple truths about God and the ascended masters. Impart the joy and love of God in daily life. Give praise to God frequently. Sing simple, devotional songs often. Model harmony, devotion and joyful communion with God.
* Allow child to set up an altar, work with beautiful, concrete materials and meditate, talk and sing praises to God without interruption. .
* Rejoice in nature and experience God’s love in many ways. Nurture the inner soul senses with beauty and quiet. Provide pictures of ascended masters, angels and elementals.
* Inspire awe for God. Support the inner joy, natural spontaneity and enthusiasm of children and their path to discover the inner Creative Christ.

Follow the calendar year with special rituals and celebrations of the ascended masters and the life of Jesus (with Easter, Christmas and Wesak as key celebrations). **© The Summit Lighthouse, May 2012**

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| **Church Universal and Triumphant and Summit Lighthouse Resources for newborn – 6 year olds** | **Keys to Support the Child’s Discovery of the Inner Creative Christ for newborn – 6 years old** |
| **Church Universal and Triumphant Sacraments**   * Presentation in the Temple * Baptism * First Holy Communion   **Rituals and Services**  Sacred Ritual for Children of Keepers of the Flame  Intergenerational Services  Ashram Rituals  **Summit Lighthouse Resources for Children**   * Sacred Ritual for Children of Keepers of the Flame * My Angel’s Decree Book * Tsl.org/Family: Spiritual Lessons for Home/Sunday School * First Holy Communion lessons (ages 6-7) * Booklets for children: *Heart, Head and Hand, Chohans of the Rays, Who Am I?, Archangel Michael: The Real Superhero* * Coloring books: *The Way to God’s Heart, Angels w* * *Ashram Rituals* * Song Book and C*D’s* * *The Child’s Rosary* Producto en Espanol * *Kuan Yin’s Crystal Rosary* * *Inner*-Active Learning *(Right Brain)* booklet * TSL.org/Family Right Brain Game (on-line)   **Summit University Press Resources for Parents**  **Audio**  TSL.org/Family /Espanol Producto en Espanol  *Family Designs for the Golden Age*  *Freedom of the Child: Discovering the Inner Creative Christ*  *Life Begets Life*  *Discourses on Cosmic Law, Mark Prophet*  **Books**  *Nurturing Your Baby’s Soul available in Spanish soon*  *The Lost Teachings of Jesus*  *Access the Power of your Higher Self* Producto en Espanol  *Predict Your Future –* Producto en Espanol  *The Masters and their Retreats*  *How to Work with Angels* Producto en Espanol  **Pocketbooks (companion lessons for children on TSL.org/Family)**  *Your Seven Energy Centers –* Producto en Espanol  *Karma and Reincarnation -* Producto en Espanol  *How to Work with Angels*  *Alchemy of the Heart -* Producto en Espanol    **Events** – July Conf Day Camps at HQ in Montana – ages 3+ | **A Child’s Spiritual Environment:**   * Prepare an alter on a low table * Create a sacred space at home for prayer and meditation * Surround with beauty such as classical art, statues, holy cards, gemstones, nature * Nurture awe and spontaneous prayer   **Prayer and communion with Jesus and Mother Mary:**   * Simple stories on the life of Jesus and his parables following the calendar year. * Montessori-based lessons and materials:   The Good Shepherd & other Bible lessons   * The Child’s Rosary to Mother Mary   **Bible stories**: 5-10 minute stories from the New Testament (The Bible Story by A. Maxwell)), selected Old Testament stories such as The Creation, Noah’s Ark (many Old Testament stories are more appropriate for elementary age children).  **First Holy Communion lessons**: Nourishes the child’s relationship with Jesus. To help integrate lessons, present sections of these lessons many times before formal instruction begins at around age 6.  **The Seven Rays and Seven Chohans**: This is a key age for children to develop sensitivity to the vibrations of the seven rays, chohans and chakras. Lessons on tsl.org/Family, nature photos, crystals and ascended masters on the seven rays support the child’s learning.  ***Heart, Head and Hand* booklet and other short decrees:** The keys to teaching a decree are slow, clear repetition, frequency and enthusiasm.  **The Cosmic Clock**: Introduce with simple diagrams (found in *Family Designs* and *Predict Your Future),*  Cosmic Clock of Virtues on tsl.org/Family.  **Right Brain Lessons:** Important for the development of the spiritual soul senses of the child.  **Music and drama**: Two of the best ways to secure the interest of the 3-6 year old child. Felt boards, puppets and drama bring stories alive (spoken parts by the teacher are repeated by the child). Simple, devotional songs; classical music meditations; bhajans.    **Movement and nature**: yoga, spiritual dance, marches, brain gym, hikes in nature, gardening. |

**Stages of Spiritual Development of 7-12 years old**

**The primary focus for this age is the child’s moral training and thirst for knowledge. Emphasis is on knowledge and learns with enthusiasm.**

* Loves learning. Begins to understand details and complexities of cosmic law.
* Asks many questions.
* Discovers an inner moral code and the intrinsic sense of right and wrong.
* Continues to develop conscience through practice in social situations.
* Recognizes that others also have free will choices.
* Empathy and love are extended beyond the family.
* Integrates spiritual teachings through interactions outside the family.
* Developmentally ready for more complex themes and moral dilemmas. Abstract thinking is increasing.
* Learns to value the opinions of others.
* Experiences more community responsibilities.
* Vision is growing beyond the self to the community, nation and world.
* Learns to postpone immediate gratification for the delayed gratification necessary for more complicated tasks or projects, including working in a group.
* *“The child has visions. Help him make his dreams come true ….Help him see that a vision can become physical by channeling intelligently and constructively his creative energy.”* EC Prophet

**For Parents:**

* Pray together with father, mother and family.
* Offer many conversations with your children about God and the ascended masters.
* Provide more explanations of cosmic law and the spiritual path using bible stories, saints and heroes, world religions and classic literature. Connect these themes to current events in the child’s life and, when appropriate, in the world.
* Understand cycles of karma by a practical use of the cosmic clock.
* Help build the imagination. Create thoughtforms with to nature and geometry. Create experiences that cultivate a sense of achievement and excitement.
* Engender a sense of community responsibility: *"Let's do something nice for our neighbors. Let's get in a group or community project. Let's sense the needs of others."*
* Model how to cope with challenges and failure. This teaches the child a *“ love of the return of one's karma. If parents welcome every challenge…, then children will also be healthy toward the same diverse conditions that do arise.” EC Prophet*

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| **Church Universal and Triumphant and Summit Lighthouse Resources for 7 – 12 years old** | **Keys to Support the Child’s Discovery of the Inner Creative Christ for 7-12 years old** |
| **Church Universal and Triumphant Sacraments**   * Confirmation   **Rituals and Services**  Sacred Ritual for Children of Keepers of the Flame  Intergenerational Services  Ashram Rituals  **The Summit Lighthouse Resources for Children**   * I AM LIGHT Curriculum: Units 1-7   Lessons prepare the child for Confirmation   * *My Angel’s Decree Book* * Tsl.org/Family: Spiritual lessons * Confirmation lessons (ages 11-12) * Sacred Ritual for Children of Keepers of the Flame * *Ashram Rituals* * Song Book and CDs * *Inner-Active Learning (*Right Brain*)* booklet * TSL.org/Family- Right Brain Game (on-line) * TSL.org/Family- Cosmic Clock of Virtues * Warrior of Light: The Life of Nicholas Roerich   **Summit University Press Resources for Parents**  **Audio**  *Family Designs for the Golden Age*  *Freedom of the Child: Discovering the Inner Creative Christ*  *Life Begets Life*  *Mystical Paths of the World Religions - audio series*  *“I’m Stumping for the Coming Revolution in Higher Consciousness”*  *Discourses on Cosmic Law, Mark Prophet*  *YouTube selections*  *A child’s Rosary to Mother Mary -* Producto en Espanol  **Books**  *The Lost Teachings of Jesus*  *Lords of the Seven Rays*  *Saint Germain on Alchemy -* Producto en Espanol  *The Threefold Flame* Producto en Espanol  *Access the Power of Your Higher Self* Producto en Espanol  *Predict Your Future* Producto en Espanol  *The Masters and their Retreats*  **Pocketbooks (companion lessons for children on TSL.org/Family)**  *Your Seven Energy Centers* Producto en Espanol  *Karma and Reincarnation* Producto en Espanol  *How to Work with Angels* Producto en Espanol  *Alchemy of the Heart* Producto en Espanol  How to Work with Angels - Producto en Espanol | **Cosmic History and Law**   * *Climb the Highest Mountain series*: Examples: Story of the Creation; the Three Kingdoms of God; the story of Sanat Kumara/the 144,000. * *Discourses on Cosmic Law* by Mark Prophet * *I am Light Lessons – ages 8-11* * *Confirmations lessons – ages 11-12*   **Bible Study**   * *The Bible Story* by Arthur Maxwell is an excellent resource for the Old and New Testament for the 6-9 year old child. * At around ages 9-10, child can study the Bible (King James version) in historical context.   **Stories of Saints and Heroes E**xamine the right and wrong choices and virtues of saints, sages and heroes. Child can write their own dramas that focus on justice and happy endings.  **Right Brain Lessons** Important for the development of the spiritual soul senses of the child  **Montessori-based curriculum** with timelines, maps and charts to learn Bible history, past golden ages and ascended master hierarchy.Bridge historical background and current times and events in the child’s life.  **Study of World Religions**   * Audio series: Mystical Paths of the World Religions * Prince Siddhartha by Landaw and Brooke * Jataka Tales (Buddhist) * Mahabharata Stories(Hindu) * Birbal Tales (Akbar)   **Drama, especially Shakespeare plays**  “Nowhere is the story of karma and reincarnation learned better than from the scriptures themselves, which are a history of a mighty people, and from the Shakespearean plays.” (Gautama Buddha, Oct. 4, 1989)  **Classic literature:** Study archetypal themes of moral dilemmas and other themes of the spiritual path.  **Cosmic Clock** TSL.org/Family -Cosmic Clock of Virtues  **Music, Movement, nature.:** Classical music, bhajans, yoga, marches, brain gym, hike, gardening, Scouts,4H  **Events** – July Conf Day Camps at HQ in Montana |

**Stages of Spiritual Development of 13 -18+ years old**

**The primary focus for this age is on applying the teachings in everyday life through learning self-mastery and a path of service. Emphasis is on application.**

* Experiences karma, self-mastery, the path of personal Christhood.
* Starts to explore the drama of lightbearers and good and evil on the planet.
* Searches for one's identity outside of the family--a "new birth," a time of discovery.
* Internal self- awareness is growing: "Who am I? What do I want to retain of my entire childhood experience? What will I take with me? What is the greatest I have received from my parents and teachers? How will I integrate this for my own mission and adulthood and in my own responsibilities?"
* Considers career options by apprenticing oneself under or assisting professionals; and experiencing the world.
* A time of observing others and learning the mastery of himself as part of the larger group.
* Learns to master the life-force, the sexual energies that come with the responsibility of marriage and procreation. Instead of intense relationships with the opposite sex, develops solid friendships where love in a wholesome way is experienced. Learns how to set boundaries in personal relationships and make decisions that are based on principals and are independent of peer pressure and “popular” opinions.
* Share dreams and group projects with friends.
* Grows in the appreciation of culture.
* Prepares to leave home. Internal self-awareness of father and mother must be in some state of balance in order for him to be able to comfortably leave home.
* At around age 18, begins to care for needs such as food and clothing.
* *“Life needs to be full, stimulating, and busy at this age.*” E C Prophet

**For Parents:**

* Pray together with father, mother and family.
* Have many conversations with your teen about God and the ascended masters and real life application to the teen’s life.
* Nurture an atmosphere of trust and respect.
* Participate with teen in service projects.
* Offer direction and opportunities for apprenticeship with experts and professionals.
* *“Love must be expressed at this age, and the correct expression of love fulfilling the needs of this age is one of the most important examples that we can give our youth.”* Elizabeth Clare Prophet, Freedom of the Child

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| **Church Universal and Triumphant and Summit Lighthouse Resources for 13 -18+ years old**  **Rituals and Services**  Sacred Ritual for Children of Keepers of the Flame  Intergenerational Services and Ashram Rituals  **The Summit Lighthouse Resources for Tens**  *The Sacred Adventure Lessons*  Tsl.org/Family - Spiritual lessons and Service project manual  TSL.org/Family/Espanol  ***Summit University Press Resources***  **Audio**  *Family Designs for the Golden Age*  *Freedom of the Child*  *The Cosmic Clock MP3*  *Mystical Paths of the World’s Religions*  *CreativeAbundance* Producto en Espanol  **Books**   * *Lightbearers of the World Unite!* Decree book * *Odyssey of Your Soul* * *Predict Your Future (cosmic clock)* Producto en Espanol * *The Path of the Higher Self* Producto en Espanol * *The Lost Years of Jesus* * *The Lost Teachings and Years of Jesus* * *The Masters and Their Retreats* * *Becoming God* Producto en Espanol * *Nicholas Roerich: The Life of a Warrior* * *ISSA* * *Strategies of Light and Darkness* * *Secrets of Prosperity* * *Fallen Angels book (older teens)* * *The Threefold Flame* Producto en Espanol * *The Creative Power of Sound* Producto en Espanol   **Resources on Relationships & Psychology**   * *The Human Aura* Producto en Espanol * *Understanding Yourself* Producto en Espanol * *Understanding Yourself* Producto en Espanol * *Nurturing Your Baby’s Soul*   **Pocketbooks**   * *Your Seven Energy Centers* Producto en Espanol * *Karma and Reincarnation* Producto en Espanol * *How to Work with Angels* Producto en Espanol * *Alchemy of the Heart* Producto en Espanol * *Soul Mates and Twin Flames* Producto en Espanol * *Saint Germain on Alchemy* Producto en Espanol * *Violet Flame* Producto en Espanol * *Wanting to Live and Wanting to Be Bo* | **Keys to Support the Teen’s Spiritual Development**  Studies the teachings and cosmic law, including the cosmic clock and the odyssey of the spiritual path. (see *Odyssey of Your Soul* book).  Studies *The Lost Years of Jesus*.  Learns more about the guru-chela relationship and the unreal self.  Studies the world’s religions.  Reads classic literature and drama, especially Shakespeare.  Involved in family and community service projects.  Learns about supply, abundance, treasure mapping, mastering finances. Gradually becomes economically independent from parents.  Prepares for college and develops practical skills for a job.  At around age eighteen, studies psychology, philosophy, analyzes world outlooks and views, economic policies and systems, and is selecting where he positions himself politically, economically, how he thinks things should be done.  Rounds out identity with the tools of a sacred labor.  **Events**  TSL Teens United Teen Retreats and Mentor Training  Summit University at the River Retreat  Knights and Ladies of the Flame Retreats (18+)  C ommunity Events  Youth Leadership Training (18+)  **© The Summit Lighthouse, May 2012** |